

Study Skills Evaluation

Reading Textbooks	Rarely (0)	Sometimes (5)	Often (10)
I browse the headings, pictures, chapter questions and summaries before I start reading a chapter.			
I make questions from a chapter before, during, and after reading it.			
I try to get the meaning of new words as I see them for the first time.			
I look for familiar concepts as well as ideas that spark my interest as I read.			
I look for the main ideas as I read.			

Add all 3 total values for Reading Textbooks to get the final score for this category:

Reading Textbooks Total:	
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Taking Notes	Rarely (0)	Sometimes (5)	Often (10)
I take notes as I read my text books.			
I take notes during class lectures.			
I rewrite or type up my notes.			
I compare my notes with a classmate.			
I try to organize main ideas and details into a meaningful method			

Add all 3 total values for the Taking Notes to get the final score for this category:

Taking Notes Total:	
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Studying	Rarely (0)	Sometimes (5)	Often (10)
I study where it is quiet and has few distractions.			
I study for a length of time then take a short break before returning to studying.			
I have all my supplies handy when I study, such as pens, paper, calculator, etc.			
I set study goals, such as the number of problems I will do or pages I will read.			
I study at least two hours for every hour I am in class each week.			

Add all 3 total values for Studying to get the final score for this category:

Studying Total:	
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Memorizing	Rarely (0)	Sometimes (5)	Often (10)
I try to study during my personal peak time of energy to increase my concentration level.			
I quiz myself over material that could appear on future exams and quizzes.			
I say difficult concepts out loud in order to understand them better.			
I change my notes into my own words, for better understanding.			
I try to create associations between new material I am trying to learn and information I already know.			

Add all 3 total values for Memorizing to get the final score for this category:

Memorizing Total:	
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Preparing for Tests	Rarely (0)	Sometimes (5)	Often (10)
I study with a classmate or group.			
When I don't understand something, I get help from tutors, classmates, and my instructors.			
I do all homework assignments and turn them in on time.			
I can easily identify what I have learned and what I have not yet learned before I take a test.			
I anticipate what possible questions may be asked on my tests and make sure I know the answers.			
Total			

Add all 3 total values for the Preparing for Tests to get the final score for this category:

Preparing for Tests Total:	
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Managing your time	Rarely (0)	Sometimes (5)	Often (10)
I use a calendar book to write down upcoming academic and personal activities.			
I use a "to do" list to keep track of completing my academic and personal activities.			
I start studying for quizzes and tests at least several days before I take them.			
I start papers and projects as soon as they are assigned.			
I have enough time for school and fun.			

Add all 3 total values for Managing your time to get the final score for this category:

Managing your time Total:	
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A total score of 31-50 in a category: This study skills area seems solid for you

A total score of 0-30 in a category: This study skills area may need some improvement